

PRAMOD MALIK, MD, FACG, FASGE, AGAF, CPI

Gastroenterology Associates of Tidewater

Website: www.gatgi.com

112 Gainsborough Sq, Suite 200 Chesapeake, VA 23320 Phone: (757) 547-0798 Fax: (757) 547-0145	160 Kingsley Lane, Suite 200 Norfolk, VA 23505 Phone: (757) 889-6800 Fax: (757) 489-4438	5701 Cleveland Street, Suite 100 Virginia Beach, VA 23462 Phone: (757) 547-0798 Fax: (757) 547-0145
--	---	--

EXPERIENCE & TRAINING

Apr 02 to current	Gastroenterologist Gastroenterology Associates of Tidewater, PC (A Member of Tidewater Gastroenterology, PLLC)
Jan 02 to Mar 02	In Practice - Gastroenterology & Hepatology of Sturgis 600 S. Lakeview, Suite 104, Sturgis, MI 49091 Attending Physician (Gastroenterologist) Sturgis Hospital, Sturgis, MI
Dec 98 to Dec 01	Attending Physician (Internal Medicine & Gastroenterology) Sturgis Hospital, Sturgis, MI Medical Director - Constantine-White Pigeon Family Medical Center Constantine, MI
July 95 to June 98	Fellow in Gastroenterology University of Illinois at Chicago, Chicago, IL
July 92 to June 95	Resident in Internal Medicine Christ Hospital and Medical Center, Oak Lawn, IL (Affiliated with the University of Illinois at Chicago)
Jan 88 to Dec 91	Resident in Surgery (Chief Resident in 1991) Medical College Baroda and SSG Hospital, Baroda, India
Jan 87 to Dec 87	Rotating Internship Medical College Baroda, India

MEDICAL SCHOOL

Aug 81 to Dec 87	M.B; B.S. (straight to medical school after 12 th Grade) Medical College and M. S. University of Baroda, India
------------------	--

CERTIFICATIONS

- Certified Physician Investigator 2008-2012
- American Board of **Internal Medicine - Gastroenterology** – 1998-2018
- American Board of **Internal Medicine** - 1995-2015
- **General Surgery** (Master in Surgery, India) - 1991 indefinite
- Physician and Surgeon (M.B; B.S., India) - 1987 indefinite
- ECFMG and FLEX - 1992
- ACLS – Active since 1994

HONORS & AWARDS

- * *Fellow* - American gastroenterological Association - 2011
- * *Fellow* - American Society of Gastrointestinal Endoscopy - 2010
- * *Fellow* - American College of Gastroenterology - 2010
- * *Best Teaching Fellow of the Year* - Dept of Medicine, University of Illinois at Chicago, 1997-98
- * *Best Senior Resident of the Year* - Christ Hospital and Medical Center, 1994-95
- * *Best Resident of the Year* - Christ Hospital and Medical Center, 1993-94
- * Highest overall academic achievement in II and III professional years in medical school

PROFESSIONAL POSITIONS

- President - Virginia Gastroenterological Society - 2011-2013
- 4th Vice President - Seaboard Medical Association - 2010-2011
- Member - ASGE Research Committee – 2009-2012
- Treasurer – Virginia Gastroenterological Society – 2009-2011
- Director - VA ACG/ VGS Regional Postgraduate Course, Williamsburg, VA 2009
- President, Medical Staff - Bon Secours DePaul Medical Center, Norfolk, VA – 2008 - 2009
- Co-Director - VA ACG/VGS Regional Postgraduate Course, Williamsburg, VA - 2008
- President Elect - Bon Secours DePaul Medical Center - 2006-2008
- President - American Association of Physicians of Indian Origin – Hampton Roads - 2005
- Member - Scientific and Educational Affairs, MI State Medical Society - 2001
- President - St. Joseph County Medical Society - 2001
- Secretary & Treasurer - St. Joseph County Medical Society - 2000
- Board Member - Sturgis Medical Group, Sturgis, MI - 1999-2002
- President - Resident Doctors Association, SSG Hospital Baroda - 1988 and 1989

HOSPITAL COMMITTEES

- Chairman – Endoscopy Committee, Chesapeake Regional Medical Center - 2005
- Member - Clinical Think Tank, Chesapeake Regional Medical Center - 2004
- Member - Peri-operative Committee, Depaul Hospital - 2004, 2005
- Informatics Committee, Chesapeake Regional Medical Center since 2002
- Endoscopy Committee, Chesapeake Regional Medical Center -2002, 2004-11
- Medical Quality Improvement Committee, Chesapeake Regional Medical Center - 2003
- CME Committee, Chesapeake Regional Medical Center - 2002 & 2003
- Executive Committee, Secretary and Treasurer - Sturgis Hospital Medical Staff 2001
- Chairman - Endoscopy Committee, Sturgis Hospital - 1999 to 2002
- Member - ICU Committee, Sturgis Hospital - 1999 & 2000
- Member - Physician and Nurse Liaison Committee, Sturgis Hospital - 1999 & 2000

HOSPITAL PRIVILEGES

- Chesapeake Regional Medical Center, Chesapeake, VA – since 2002
- DePaul Medical Center, Norfolk, VA – since 2002
- Sentara Norfolk General Hospital, Norfolk, VA – since 2002
- Sentara Leigh Memorial Hospital, Norfolk, VA – since 2002

MEMBERSHIPS - PROFESSIONAL SOCIETIES

- * American Society of Gastrointestinal Endoscopy (ASGE)
- * American Gastroenterological Association (AGA)
- * American College of Gastroenterology (ACG)
- * Association of Clinical Research Professionals (ACRP)
- * Crohn's and Colitis Foundation of America (CCFA)
- * Chesapeake Medical Society
- * Seaboard Medical Association

LICENSES

- * Physician and Surgeon, Virginia, (Active) since November 2001
- * Surgeon (India), June 1991, Physician and Surgeon (India), March 1989

BIBLIOGRAPHY

JOURNAL ARTICLES

- * Randomized Study Comparing Two Regimens of Oral Sodium Phosphate Solution Versus Low-Dose Polyethylene Glycol and Bisacodyl. Malik P, Balaban DH, Thompson, WO, Galt D. *Dig Dis Sci.* 54(4), Apr 2009, Pages: 833-41
- * Oral Allopurinol Does Not Prevent The Frequency Or The Severity Of Post-ERCP Pancreatitis. Mosler P, Sherman S, Marks J, Watkins JL, Geenen JE, Jamidar P, Fogel EL, Lazzell-Pannell L, Temkit M, Tarnasky P, Block KP, Frakes JT, Aziz AA, Malik P, Nickl N, Slivka A, Goff J, Lehman GA. *Gastrointest Endosc* 62(2):245-50 Aug 2005
- * Open-label Dose-ranging Pilot Study Of 4 Week Low-Dose Therapy With Sodium Phosphate Tablets In Chronically Constipated Adults – J Medoff, S Katz, P Malik et al. *Clinical Therapeutics* 26(9): 1479-91 Sep 2004
- * Spur Cell Anemia in Alcoholic Cirrhosis: Cure by Orthotopic Liver Transplantation and recurrence after Liver Graft Failure. P Malik, D. Bogetti, P Sileri et al. *Int Surg.* 87(4): 201-4, Oct-Dec 2002
- * Low Molecular Weight Heparin versus Unfractionated Heparin in the Colonoscopy Peri-Procedure Period: A Cost Modeling Study. JL Goldstein, P Malik, LR Larson, et al. *Amer J Gastro*, 96:2360-2366. Aug 2001
- * Human Intestinal Anion Exchanger Isoforms: Expression, Distribution and Membrane Localization. W Al Refai, S Tyagi, P Malik, P Dudeja et al. *Biochim Biophys Acta*, 1511(1): 17-27, Mar 2001
- * Chronic Pancreatitis Resulting from Primary Hydatid Disease of the Pancreas: A Case Report and Review of the Literature. JK Regan, RD Brown, JA Marrero, P Malik, F Rosenberg and RP Venu. *Gastrointest Endosc*, 49(6):791-3, June 1999

BOOK CHAPTER

- * Endoscopic Therapy for Benign Biliary Strictures. RD Brown, P Malik and RP Venu. Chapter for the book “Advances in Gastrointestinal Endoscopy”. Jaypee Brothers Medical Publishers 2001

ABSTRACTS

- * Multi-center, endoscopist-blinded, randomized prospective trial to evaluate L-glucose as bowel preparation for colonoscopy. David H. Balaban, Pramod Malik, John Poulos, Peter Winkle, William O. Thompson, Sherrie McNamara. ACG 2009
- * Comparison Of Two Dosing Regimens Of Liquid Sodium Phosphate Against A Low Dose Peg Regimen. DH Balaban, M.D., P Malik, M.D. and WO Thompson, Ph.D. ACG 2005.
- * Does Prophylactic Allopurinol Administration Reduce the Risk and Severity of Post-ERCP Pancreatitis: Randomized Prospective Multicenter Study? Midwest Pancreaticobiliary Group. DDW May 2005
- * Multicenter endoscopist-blinded trial of low-dose bowel preparations for colonoscopy: liquid sodium phosphate vs. two dosing regimens of tablet sodium phosphate. DH Balaban, P. Malik et al. *Amer J Gastro*, Vol: 98(9), Sep 2003: S301-S302
- * Comparison of Two Different Regimens of Sodium Phosphate for Colonoscopy Preparation. P Malik and William Thompson, DDW 2003
- * Obstructing Colonic Emergencies: A New Paradigm for Management. P Malik, T Moore. *Amer J Gastro* – 97(9) S 304, Sept 2002
- * Safety of Pre-Operative Radiation And Chemotherapy After Enteral Wall Stent For Obstructing Rectal Cancer. P Malik, T Moore, V Cabansag. *Amer J Gastro* – 97(9) S 214, Sept 2002
- * Signet Cell Adenocarcinoma of the Terminal Ileum in a Young Male with Neurofibromatosis and Crohn’s Disease. P Malik, A Damle, *Amer J Gastro* – 97(9) S 203, Sept 2002
- * Celiac Artery Thrombosis Manifesting as Acute Gangrenous Cholecystitis. F Tiongco, P Malik. *Amer J Gastro* – 97(9) S 202, Sept 2002

- * Does Prophylactic Allopurinol Administration Reduce the Frequency and Severity of Post-ERCP Pancreatitis? : A Randomized Prospective Multicenter Study. S Sherman et al for the Midwest Pancreaticobiliary Group. DDW May 2002
- * Comparison of Various Periprocedure Anticoagulation Approaches for Elective Colonoscopy: A Cost Modeling Study. JL Goldstein, P Malik, B Yamashita, L Larson, JM Fain. *Gastrointest Endosc*, 49(4) Part 2, AB197, Apr 1999
- * Idiopathic Eosinophilic Gastroenteritis: Ascitic Fluid and Laparoscopic Findings. S Liangpunsakul, P Malik, AG Halline. *Amer J Gastro*, 93(9):1726, Sept 1998
- * An Uncommon etiology for Chronic Pancreatitis: Hydatid Disease of Pancreas. P Malik, JK Regan, RD Brown, JA Marrero, RP Venu. *Amer J Gastro*, 93(9):1728, Sept 1998
- * Low Molecular Weight Heparin versus Unfractionated Heparin in the Peri-procedure Period: A Cost Modeling Study. P Malik, B Yamashita, L Larson, JM Fain, JL Goldstein. *Amer J Gastro*, 93(9):1757, Sept 1998
- * A Novel Technique for Endoscopically Placed Jejunal Feeding Tube. RD Brown, P Malik, RP Venu. *Gastrointest Endosc*; 47(4): AB81, Apr 1998
- * Evaluation of Recurrent Idiopathic Pancreatitis in Elderly Patients Frequently Detects Specific Etiologies. RP Venu, RD Brown, P Malik, P Oshin, D Silas. *Gastro*; 114(4) part 2:A507, Apr 1998.
- * ERCP without Glucagon can be Successful and Cost-effective. P Malik, RD Brown, B. Pastika, B. Kirsh, G. Dodda, RP Venu. *Gastrointest Endosc*; 47(4): AB121, Apr 1998.
- * Biliary Tract Obstruction in Post-Whipple Patients: Endoscopic Diagnosis and Therapy. P Malik, RD Brown, RP Venu. *Gastro*; 114(4) part 2:A529, Apr 1998.
- * New and Simplified Technique for Oro-Nasal Transfer of Nasobiliary Catheters. P Malik, RD Brown, RP Venu. *Gastrointest Endosc*; 47(4):AB121, Apr 1998.
- * A Novel Approach to Access the Dorsal Duct in Pancreas Divisum when Conventional Methods Fail. RD Brown, B Kirsh, P Malik, RP Venu. *Amer J Gastro*; 92(9):1637, Sept 1997
- * Expression of Anion Exchanger Isoform AE-3 Along the Length of the Human Gastrointestinal Tract. S Tyagi, P Malik, P Dudeja. *Gastro*; 110(4):A369, April 1996

PRESENTATIONS AND POSTERS

- * GI Emergencies – Invited Lecture 2010 – SGNA Regional Course
- * Constipation - VA Association of Physicians Assistants - Invited Lecture 2009
- * Grand Rounds at Chesapeake Regional Medical Center – Advances in Gastroenterology - 2007
- * Comparison of Two Dosing Regimens Of Liquid Sodium Phosphate Against A Low Dose PEG Regimen. D Balaban, P Malik, and W Thompson. **Poster** @ DDW 2005
- * Grand Rounds at Chesapeake Regional Medical Center - Pill Camera - July 2005
- * Invited Guest – *Housecalls* National Public Radio WHRO. Upper GI tract disorders. Nov 2004
- * Invited Guest – *Housecalls* National Public Radio WHRO. Lower GI tract disorders. Oct 2004
- * Invited Lecture – Evolving Strategies in Colon Cancer Screening – Philippines Medical Association of Hampton Roads. July 2004
- * Endoscopic Resection of a Choledochocoele - P. Malik. **ASGE Video Forum presentation** DDW 2004
- * Comparison of Two Different Regimens of Sodium Phosphate for Colonoscopy Preparation. P Malik and William Thompson, **Poster** DDW 2003
- * Safety of Pre-Operative Radiation And Chemotherapy After Enteral Wall Stent For Obstructing Rectal Cancer. P Malik, T Moore, V Cabansag. **Poster** at ACG 2002
- * Signet Cell Adenocarcinoma of the Terminal Ileum in a Young Male with Neurofibromatosis and Crohn’s Disease. P Malik, A Damle. **Poster** at ACG 2002
- * Celiac Artery Thrombosis Manifesting as Acute Gangrenous Cholecystitis. F Tiongco, P Malik. **Poster** at ACG 2002
- * Grand Rounds at Chesapeake Regional Medical Center - Endoscopic Advances. August 2002
- * Invited Lecture - St Joseph Co Medical Society, Recent Advances in Gastroenterology. Feb 2002
- * Invited Lecture - Lakeland Community Hospital, St Joseph, MI. GI Stenting. Dec 2001
- * Invited Lecture - Battle Creek Health Systems, Battle Creek, MI - Gastrointestinal Stenting. Sept 2001
- * Lectures in St. Joseph County, MI, for public awareness - Digestive Diseases, Colon cancer prevention, Coronary Disease Risk Factors 1999 to 2002
- * Physician CME Lecture at Sturgis Hospital - Low Molecular Weight Heparin 1999
- * Physician CME Lecture at Sturgis Hospital - GI Bleeding 1999

- * Invited Lecture at Glen Oaks Community College for Nursing, Centreville, MI - Introduction to Digestive Diseases 1999
- * Low Molecular Weight Heparin versus Unfractionated Heparin in the Peri-procedure Period: A Cost Modeling Study. **Oral presentation** at American College of Gastroenterology meeting, Boston, October 1998.
- * An Uncommon Etiology for Chronic Pancreatitis: Hydatid Disease of Pancreas. **Poster** at American College of Gastroenterology meeting, Boston, October 1998
- * Idiopathic Eosinophilic Gastroenteritis: Ascitic Fluid and Laparoscopic Findings. **Poster** at American College of Gastroenterology meeting, Boston, October 1998
- * ERCP without Glucagon can be Successful and Cost-effective. ASGE **Poster** at Digestive Diseases Week, New Orleans, May 1998
- * Evaluation of Recurrent Idiopathic Pancreatitis in Elderly Patients Frequently Detects Specific Etiologies. AGA **Poster** at Digestive Disease Week, New Orleans, May 1998
- * A Novel Approach to Access the Dorsal Duct in Pancreas Divisum when Conventional Methods Fail. **Poster** at American College of Gastroenterology, Chicago, November 1997
- * Intraoperative Variceal Rupture. **Oral Presentation** at Chicago Society for Gastroenterology, November 1997
- * Eosinophilic Esophagitis – **Oral Presentation** at Chicago Society of Gastroenterology, 1993 and American College of Physicians, Illinois Chapter, Chicago 1993
- * Postoperative Ventral Abdominal Hernia: Review of 40 Cases. M.S. University of Baroda, 1990
- * Epidemiological Report on Myocardial Infarction. Baroda Medical College, 1986

ACTIVE PROJECTS

- Principal Investigator - Gastroenterology Associates of Tidewater. Since 2002. Several clinical protocols with the group practice. (Wireless Capsule Colonoscopy, Colonoscopy preparations, GERD, IBS, IBD, HCV, Devices studies, Dyspepsia, NSAIDs and ulcer, etc.) Detailed information available upon request.